

CERTIFICATE OF PARTICIPATION

This is to certify that

Abubakr Jamal

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 10:00:53

PACE 10:54/km

GENDER 112 of 172

OVERALL 151 of 248

OPEN 52 of 72

30 August 2025, Sat

Date



BoutTime

Signature

