

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Adel Schoeman**

Has successfully participated & completed the

**15km Trail Run Ambrosia Blueberry Dash**

held at Ambrosia Citrus Estate, Mdlazi.

**TIME 02:01:30**

**PACE 7.41km/h**

**OVERALL 17 of 22**

**GENDER 7 of 10**

**VETERAN 3 of 4**

18 October 2025, Sat

Date



*BoutTime*

Signature

