

CERTIFICATE OF PARTICIPATION

This is to certify that

Alan Shepherd

Has successfully participated & completed the

10km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:15:31

PACE 07:33/km

GENDER 65 of 89

OVERALL 119 of 261

40 - 49 15 of 21

13 September 2025, Sat

Date



BoutTime

Signature

