

CERTIFICATE

OF PARTICIPATION

This is to certify that

Alida Lucas

Has successfully participated & completed the

10km Adult Running for Transformation 2025

held at SACS, Newlands Avenue.

TIME 00:51:34

PACE 05:09/km

OVERALL 33 of 494

GENDER 4 of 279

50 - 59 1 of 49

16 June 2025, Mon

Date



BoutTime

Signature