



CERTIFICATE

OF PARTICIPATION

This is to certify that

Alida Van Heerden

Has successfully participated & completed the

10km Stap Die Groot Stap

held at Die Bosveld.

TIME 02:39:29

PACE 15:55/km **OVERALL** 61 of 77

08 November 2025, Sat

Date

GENDER 34 of 44

40 - 49 7 of 11



