

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Alisane Adams**

Has successfully participated & completed the  
**18km The Fair Cape Cares Foundation Trail Run**  
held at Fair Cape Farm, Durbanville.

**TIME 01:49:07**

**PACE 06:03/km**  
**OVERALL 56 of 105**

**GENDER 17 of 44**  
**40 - 49 4 of 16**

13 September 2025, Sat  
Date



BoutTime  
Signature

