

CERTIFICATE OF PARTICIPATION

This is to certify that

Andre Strydom

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 09:53:25

PACE 10:46/km

**GENDER 109 of
172**

OVERALL 144 of 248

40 - 49 44 of 59

30 August 2025, Sat

Date



BoutTime

Signature

