

CERTIFICATE OF PARTICIPATION

This is to certify that

Andrew Rushworth

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 08:38:25

PACE 09:24/km

OVERALL 80 of 248

GENDER 63 of 172

40 - 49 25 of 59

30 August 2025, Sat

Date



BoutTime

Signature

