

CERTIFICATE OF PARTICIPATION

This is to certify that

Ant Cadman

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 09:08:53

PACE 09:57/km

GENDER 88 of 172

OVERALL 115 of 248

40 - 49 36 of 59

30 August 2025, Sat

Date



BoutTime

Signature

