

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Bennie Pienaar**

Has successfully participated & completed the

**Self Seeded Race (Men) 44km Alchemy Time Trail**

held at Plot 116, Springbok Road.

**TIME 01:23:48**

**PACE 31.50km/h**

**GENDER 14 of 9**

**OVERALL 14 of 9**

**GRANDMASTE 2 of 1  
R (60-69)**



28 September 2025, Sun

Date



BoutTime

Signature