

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Beryl Swano**

Has successfully participated & completed the  
**5km The Fair Cape Cares Foundation Trail Run**  
held at Fair Cape Farm, Durbanville.

**TIME 00:58:21**

**PACE 11:39/km**

**GENDER 158 of  
209**

**OVERALL 221 of 285**

**40 - 49 31 of 46**

13 September 2025, Sat

Date



*BoutTime*

Signature

