

CERTIFICATE OF PARTICIPATION

This is to certify that

Carien Botes

Has successfully participated & completed the

15km Trail Run Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 02:03:30

PACE 7.29km/h

GENDER 8 of 10

OVERALL 18 of 22

SUB VETERAN 4 of 5

18 October 2025, Sat

Date



BoutTime

Signature

