

CERTIFICATE OF PARTICIPATION

This is to certify that

Carien Harding

Has successfully participated & completed the

12km MTB Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 01:03:38

PACE 11.31km/h

GENDER 10 of 23

OVERALL 21 of 44

SUB VETERAN 2 of 2

18 October 2025, Sat

Date



BoutTime

Signature

