

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Carike Paul

Has successfully participated & completed the

5km Trail Run Glen Aggy Trail Run 2025

held at Plaas Glen Aggy.

**TIME** 00:49:10

**PACE** 09:49/km

**OVERALL** 57 of 302

**GENDER** 18 of 169

**40 - 49** 5 of 37

04 October 2025, Sat

Date



