

CERTIFICATE OF PARTICIPATION

This is to certify that

Carl Pohl

Has successfully participated & completed the

Stage Race Long (Day 3) Eselfontein Trail Run Stage Race - Day 3

held at Eselfontein.

TIME 01:29:26

PACE 06:22/km

GENDER 6 of 11

OVERALL 7 of 19

60 - 69 1 of 1

26 October 2025, Sun

Date



BoutTime

Signature

