

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carmelita  
Theunissen**

Has successfully participated & completed the

**10km The Fair Cape Cares Foundation Trail Run**

held at Fair Cape Farm, Durbanville.

**TIME 01:12:16**

**PACE 07:12/km**

**GENDER 45 of 172**

**OVERALL 106 of 261**

**40 - 49 10 of 48**

13 September 2025, Sat

Date



*BoutTime*

Signature

