

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carmen Cushing**

Has successfully participated & completed the

**5 km The Pink Xtreme Trail Run 2025**

held at Vrede en Lust.

**TIME 01:55:25**

**PACE 23:04/km**

**GENDER 159 of  
168**

**OVERALL 252 of 271**

**40 - 49 33 of 34**

04 October 2025, Sat

Date



*BoutTime*

Signature

