

CERTIFICATE

OF PARTICIPATION

This is to certify that

Carmen Gouws

Has successfully participated & completed the

5km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

TIME 00:38:01

PACE 07:36/km

OVERALL 8 of 36

GENDER 2 of 19

OPEN 1 of 5

13 December 2025, Sat

Date

