

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Carmen Sharffenorth

Has successfully participated & completed the

10km Adult Running for Transformation 2025

held at SACS, Newlands Avenue.

**TIME** 01:15:38

**PACE** 07:33/km

**OVERALL** 227 of 494

**GENDER** 90 of 279

40 - 49 22 of 61

16 June 2025, Mon

Date

