

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Charles Carlson**

Has successfully participated & completed the

**5km The Fair Cape Cares Foundation Trail Run**

held at Fair Cape Farm, Durbanville.

**TIME 00:53:28**

**PACE 10:40/km**

**GENDER 54 of 76**

**OVERALL 174 of 285**

**50 - 59 12 of 19**

13 September 2025, Sat

Date



*BoutTime*

Signature

