

CERTIFICATE

OF PARTICIPATION

This is to certify that

Chris Ahlfeldt

Has successfully participated & completed the

10km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:22:21

PACE 08:13/km

OVERALL 151 of 261

GENDER 72 of 89

40 - 49 18 of 21

13 September 2025, Sat

Date

