

CERTIFICATE

OF PARTICIPATION

This is to certify that

Christiaan Roux

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 07:48:19

PACE 08:30/km

OVERALL 39 of 248

GENDER 31 of 172

40 - 49 11 of 59

30 August 2025, Sat

Date



Bout Time