

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Christiana Wan  
Lamp**

Has successfully participated & completed the

**5km #IAmAble Fun Run 2025**

held at Alta du Toit School, Cape Town.

**TIME 00:53:48**

**PACE 10:45/km**

**GENDER 39 of 92**

**OVERALL 102 of 248**

**50 - 59 5 of 6**

20 September 2025, Sat

Date



*BoutTime*

Signature

