

CERTIFICATE OF PARTICIPATION

This is to certify that

Courteney Grant

Has successfully participated & completed the

30km MTB Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 01:56:31

PACE 15.45km/h

GENDER 28 of 37

OVERALL 43 of 58

SUB VETERAN 7 of 10

18 October 2025, Sat

Date



BoutTime

Signature

