

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Dion Millson

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

**TIME** 10:36:06

**PACE** 11:33/km

**OVERALL** 174 of 248

30 August 2025, Sat

**GENDER** 124 of

172

**50 - 59** 15 of 32

Zout Time

**Date** 

