

CERTIFICATE OF PARTICIPATION

This is to certify that

Elmien Du Plessis

Has successfully participated & completed the

30km MTB Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 01:36:32

PACE 18.65km/h

OVERALL 19 of 58

GENDER 7 of 21

MASTERS 2 of 3

18 October 2025, Sat

Date



BoutTime

Signature

