

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Ernestine Adams**

Has successfully participated & completed the

10km Trail Run Woester Braaifees Trail Run

held at Karoo Botanical Garden, Worcester.

**TIME** 03:06:09

**PACE** 18:36/km

**OVERALL** 34 of 35

**GENDER** 17 of 18

**40 - 49** 5 of 5

21 June 2025, Sat

Date

