

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Esme Theron**

Has successfully participated & completed the  
**5km Run/Walk Mistico Breakfast Run/Walk**  
held at Mistico, Cape Town.

**TIME 00:46:15**

**PACE 09:15/km**  
**OVERALL 17 of 36**

**GENDER 5 of 19**  
**50 - 59 1 of 6**

13 December 2025, Sat

Date



*BoutTime*

Signature

