

CERTIFICATE OF PARTICIPATION

This is to certify that

Firozah Amlay

Has successfully participated & completed the
10km The Fair Cape Cares Foundation Trail Run
held at Fair Cape Farm, Durbanville.

TIME 01:25:50

PACE 08:34/km
OVERALL 172 of 261

GENDER 97 of 172
40 - 49 31 of 48

13 September 2025, Sat

Date



BoutTime

Signature

