

CERTIFICATE OF PARTICIPATION

This is to certify that

Frances Van Vuuren

Has successfully participated & completed the

2.5km Run/Walk Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 00:29:44

PACE 6.05km/h

OVERALL 12 of 44

GENDER 10 of 35

VETERAN 2 of 5

18 October 2025, Sat

Date



BoutTime

Signature

