

CERTIFICATE OF PARTICIPATION

This is to certify that

Francois Gouws

Has successfully participated & completed the

18km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:51:26

PACE 06:10/km

OVERALL 65 of 105

GENDER 43 of 61

60 - 69 3 of 5

13 September 2025, Sat

Date



BoutTime

Signature

