

CERTIFICATE OF PARTICIPATION

This is to certify that

Francois Jonker

Has successfully participated & completed the

5km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

TIME 00:47:23

PACE 09:27/km

GENDER 8 of 12

OVERALL 19 of 30

OPEN 3 of 5

09 November 2025, Sun

Date



BoutTime

Signature

