

CERTIFICATE OF PARTICIPATION

This is to certify that

Freddy Mokwena

Has successfully participated & completed the

30km AMMSA MTB

held at Buffelsvley Guest Farm, Hanslaagte.

TIME 02:25:15

PACE 12.39km/h

GENDER 64 of 122

OVERALL 69 of 138

SUB VETERAN 15 of 32

25 October 2025, Sat

Date



BoutTime

Signature

