

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Frikkie Vermaak

Has successfully participated & completed the

30km AMMSA MTB

held at Buffelsvley Guest Farm, Hanslaagte.

**TIME** 02:33:47

**PACE** 11.70km/h **OVERALL** 76 of 138

**GENDER** 71 of 122 **VETERAN** 16 of 35

25 October 2025, Sat

Date



BoutTime

