

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Grietje Zakarian-  
Cappuyns**

Has successfully participated & completed the

**18km The Fair Cape Cares Foundation Trail Run**

held at Fair Cape Farm, Durbanville.

**TIME 01:40:19**

**PACE 05:33/km**

**GENDER 4 of 44**

**OVERALL 28 of 105**

**60 - 69 1 of 2**

13 September 2025, Sat

Date



*BoutTime*

Signature

