

CERTIFICATE OF PARTICIPATION

This is to certify that

Heather Bawden

Has successfully participated & completed the

5km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 00:34:37

PACE 06:54/km

OVERALL 39 of 285

GENDER 19 of 209

40 - 49 3 of 46

13 September 2025, Sat

Date



BoutTime

Signature

