

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Heino Paul**

Has successfully participated & completed the  
**5km Trail Run Glen Aggy Trail Run 2025**  
held at Plaas Glen Aggy.

**TIME 00:59:38**

**PACE 11:54/km**  
**OVERALL 81 of 302**

**GENDER 52 of 133**  
**50 - 59 3 of 13**

04 October 2025, Sat

Date



*BoutTime*

Signature

