

CERTIFICATE OF PARTICIPATION

This is to certify that

Helen Cass

Has successfully participated & completed the

30km AMMSA MTB

held at Buffelsvley Guest Farm, Hanslaagte.

TIME 02:17:21

PACE 13.11km/h
OVERALL 61 of 138

GENDER 4 of 16
VETERAN 2 of 6

25 October 2025, Sat

Date



BoutTime

Signature

