

CERTIFICATE OF PARTICIPATION

This is to certify that

Helena Van Niekerk

Has successfully participated & completed the

21km '25 Cape Prestige #2

held at Ayama Slent Farm.

TIME 02:16:26

PACE 06:28/km

OVERALL 10 of 31

GENDER 4 of 15

40 - 49 1 of 4

20 September 2025, Sat

Date



BoutTime

Signature

