

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helena van Niekerk**

Has successfully participated & completed the

**21km Trail Run Around The Rock #1 Rhebokskloof**

held at Rhebokskloof Wine Estate.

**TIME 02:33:16**

**PACE 07:16/km**

**OVERALL 16 of 37**

**GENDER 5 of 18**

**40 - 49 2 of 6**

14 September 2025, Sun

Date



*BoutTime*

Signature

