

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helga karla**

Has successfully participated & completed the

**5km #IAmAble Fun Run 2025**

held at Alta du Toit School, Cape Town.

**TIME 00:29:53**

**PACE 05:57/km**

**GENDER 7 of 156**

**OVERALL 19 of 248**

**INVALID ID NO 1 of 2**

20 September 2025, Sat

Date



*BoutTime*

Signature

