

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Henco Van Zyl**

Has successfully participated & completed the  
**5km Trail Run 19 October 2024 Eselfontein Trail Run Stage Race  
(Day 2)**  
held at Eselfontein.

**TIME 00:22:32**

**PACE 04:30/km**

**GENDER 1 of 11**

**OVERALL 1 of 31**

**< 13 1 of 7**

19 October 2024, Sat

Date



*BoutTime*

Signature

