

CERTIFICATE OF PARTICIPATION

This is to certify that

Hendrik Van Zyl

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

TIME 01:24:07

PACE 08:24/km

OVERALL 38 of 44

GENDER 20 of 22

60 - 69 3 of 4

13 December 2025, Sat

Date



BoutTime

Signature

