

CERTIFICATE OF PARTICIPATION

This is to certify that

Henriette Backstrom

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 11:05:50

PACE 12:06/km

GENDER 58 of 76

OVERALL 191 of 248

OPEN 30 of 33

30 August 2025, Sat

Date



BoutTime

Signature

