

CERTIFICATE OF PARTICIPATION

This is to certify that

Henro Goosen

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 09:23:35

PACE 10:13/km

GENDER 96 of 172

OVERALL 126 of 248

OPEN 46 of 72

30 August 2025, Sat

Date



BoutTime

Signature

