

CERTIFICATE

OF PARTICIPATION

This is to certify that

Hermiene Ferreira

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:39:48

PACE 07:57/km

OVERALL 50 of 248

GENDER 28 of 156

OPEN 10 of 58

20 September 2025, Sat

Date



Bout Time
Signature