

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Ilze Lemmer**

Has successfully participated & completed the

5Km Fresh @ Wolwe & Waterkloof Spruit 2025

held at Wolwespruit MTB park.

**TIME** 01:32:16

**PACE** 18:27/km

**OVERALL** 121 of 125

**GENDER** 71 of 73

**40 - 49** 21 of 22

11 May 2025, Sun

Date



BoutTime

Signature