

CERTIFICATE OF PARTICIPATION

This is to certify that

Ingrid Caris

Has successfully participated & completed the
10km Adult Running for Transformation 2025

held at SACS, Newlands Avenue.

TIME 01:02:17

PACE 06:12/km
OVERALL 115 of 494

GENDER 31 of 279
40 - 49 6 of 61

16 June 2025, Mon

Date



BoutTime

Signature

