

CERTIFICATE OF PARTICIPATION

This is to certify that

Ingrid Le Roux

Has successfully participated & completed the

10km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

TIME 01:15:00

PACE 07:30/km

GENDER 11 of 30

OVERALL 18 of 48

50 - 59 2 of 5

09 November 2025, Sun

Date



BoutTime

Signature

