

CERTIFICATE

OF PARTICIPATION

This is to certify that

Irvine Kakungwa

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 09:36:29

PACE 10:27/km

OVERALL 135 of 248

30 August 2025, Sat

Date

GENDER 103 of

172

OPEN 49 of 72

outTime